

\$160/week, Men



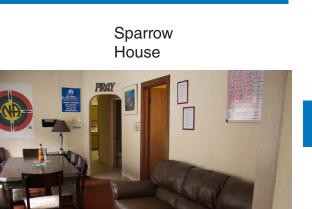






Condor House

\$175/week, Men













Eagle House





\$180/week, Women

\$160/week, Men

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How It Works

Stairway to Freedom offers a 3-phase program that helps addicts and alcoholics learn how to stay clean and sober while becoming responsible, productive members of society. Each house is considered its own Recovery Community and consists of residents and staff. The house support staff includes a resident house leader, assistant house leader, and a floor leader. Within these communities, each resident will learn how to live productively all over again (or for the first time). This is done through the assignment of general house duties, community meetings, and community meals. In other words, doing things that recovering addicts/alcoholics may need assistance (re)learning: cleaning, cooking, communicating with others, and becoming accountable for their own actions and behaviors. This includes being accountable to the house and playing an active role in their life and recovery. Peer support and individual care are an everyday part of the Stairway program, helping each client to grow in the areas they personally need the most. We emphasize change, hope, and having fun in recovery.

What about Recovery from Addiction?

12 step meetings are part of the recovery way of life at Stairway to Freedom. Effort to build and sustain ongoing recovery is mandated by every member of the Stairway communities. We strongly recommend a "90 in 90": a meeting a day for the first 3 months, if this is possible for the client. IOP, PHP and similar programs are apparent because of our atmosphere of recovery. House leaders and support staff frequently check in with clients to make sure they are on the right track with meetings, sponsorship, stepwork, and learning.

STARTING ON THE ROAD TO RECOVERY WITH STAIRWAY 2 FREEDOM...

Stairway to Freedom is an after care facility, not a drug or alcohol treatment facility. We are not a detox center. If you are still in active addiction to alcohol and/or drugs, feel free to contact us so that we can guide you or your loved one in the right direction, or contact a 12-step program such as Alcoholics Anonymous, Narcotics Anonymous or Cocaine Anonymous to seek help. What Stairway 2 Freedom offers you as a participant is safe housing once you are clean and sober.

As you begin your battle against addiction, you will receive support and encouragement from your peers. These are people who have lived through many of the same situations that you about to encounter, and have remained clean and sober despite what curves life has thrown them. We give the newcomer a built in support network where help and a sense of fellowship that is much needed in early sobriety can be found.

Stairway 2 Freedom offers a range of price options to accommodate our client's costs of living expense. Our portfolio of properties features newly built and newly rehabbed homes with all the modern amenities of any other home including cable and satellite television with premium channels, Internet access, onsite coin laundry and close proximity to public transportation. The fellowship of Alcoholics Anonymous is deep-rooted in Chicago, one of the earliest areas to develop AA, and Stairway 2 Freedom's Chicagoland locations are near the 5000 monthly meetings that support the recovery community. And most importantly, Stairway 2 Freedom living environments offer good people who provide great support for one another.



OUR SIMPLE KEYS TO RECOVERY ARE:

- 1. No use of illicit or illegal drugs or alcohol.
- 2. Active participation in a program of recovery.
- 3. The ability to live in a shared living community.
- 4. Regular attendance at 12 step meetings.

OUR RESIDENCES FOR MEN & WOMEN INCLUDE:

- 1. A structured, peer-based, highly supportive environment to recover in.
- 2. Quality environments for all lifestyle expectations.
- 3. Comfortable accommodations.
- 4. Mutual respect and compassion.

THE WAYS TO SUCCEED HERE:

- 1. Don't use and go to meetings.
- 2. Get a sponsor.
- 3. Work the STEPS.
- 4. Ask for help.
- 5. Help others.



866.993.7333

Build your Foundation for Ongoing Recovery at

www.stairwaysoberliving.com

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